



6-8 Years				
Skill Area	What to Expect	What You Can Do...		
<i>Self-Care</i>	<ul style="list-style-type: none"> • Dressing – independent including belts, buttons, zippers • Feeding – independently use cutlery, pouring water, drinking from cup/straw • Toileting – toilet trained in all areas • Hygiene – can complete all hand/toilet/shower hygiene independently, accurately and appropriately including accessing sink and grooming/showering supplies. • Chores – picks up belongings/toys, sets/clears table, 8 years – begins to put away own laundry, obtains ready to eat items from kitchen • Safety - notifies adults when injured, can call 000, follows safety rules, stranger awareness, can perform simple first aid, follows fire safety 	<ul style="list-style-type: none"> • Provide your child with access to a range of technology – try not to limit them to only an iPad/computer device • Begin to encourage independence with chores – e.g. packing own bag and completing own self-care • For problem solving (e.g. when you have lost an item), talk through your thought process in a positive way to encourage them to do the same so they learn not to become easily frustrated 		
<i>Play/Social Skills</i>	<table border="0" style="width: 100%;"> <tr> <td style="width: 50%; vertical-align: top;"> <p>6 Years</p> <ul style="list-style-type: none"> • Aware of their gender • Prefer to play with same-sex peers • Enjoy playing with other kids – more conversational • Beginning to test boundaries • Begin to understand what it means to feel embarrassed </td> <td style="width: 50%; vertical-align: top;"> <p>7-8 Years</p> <ul style="list-style-type: none"> • More aware of others perceptions • May complain about other children’s reactions or friendships • Want to behave well but aren’t as attentive to your directions • Try to express feelings with words but may resort to aggression when upset </td> </tr> </table>	<p>6 Years</p> <ul style="list-style-type: none"> • Aware of their gender • Prefer to play with same-sex peers • Enjoy playing with other kids – more conversational • Beginning to test boundaries • Begin to understand what it means to feel embarrassed 	<p>7-8 Years</p> <ul style="list-style-type: none"> • More aware of others perceptions • May complain about other children’s reactions or friendships • Want to behave well but aren’t as attentive to your directions • Try to express feelings with words but may resort to aggression when upset 	<ul style="list-style-type: none"> • Encourage empathy • Encourage good habits surrounding pencil grip and pencil tasks • Encourage talking about emotions in a positive way, encourage them to understand that it’s ok for them to feel
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<p><i>Handwriting/ Drawing</i></p>	<ul style="list-style-type: none"> • Can copy first name • Can print numbers 0-9 • Can print all alphabet (upper and lower case) • Able to draw with greater control and precision – e.g. can draw a person or house with greater detail • Maintain legibility and neatness • Generate movement from fingers and not entire arm • 3 finger grasp on pencil 			<p>certain things</p> <ul style="list-style-type: none"> • Encourage participation in a sporting activity to facilitate their abilities to work in a team, take turns and follow directions, while developing their gross motor skills including their balance and ball skills  <p><i>Roll, K. & Roll, W. (2013). The REAL: Roll Evaluation of Activities of Life. Aus. Govt. (2015). Developmental milestones and the EYLF/NQS.</i></p>
<p><i>Fine Motor Skills (hands/fingers)</i></p>	<p>6 Years</p> <ul style="list-style-type: none"> • Can cut more accurately on lines and around shapes • Builds small structure with blocks • Can do a 16-20 puzzle 	<p>7 Year</p> <ul style="list-style-type: none"> • Fully developed hand-eye co-ordination 	<p>8 Years</p> <ul style="list-style-type: none"> • Can tie shoelaces independently 	
<p><i>Gross Motor Skills (legs/arms)</i></p>	<p>6 Years</p> <ul style="list-style-type: none"> • Can catch ball with hands only • Get in/out of vehicle safely and can manage seat belt • Co-ordinated movements 		<p>7 Years+</p> <ul style="list-style-type: none"> • Independent transfers, can hop, can perform jumping sequence, can walk on balance beam 	

