

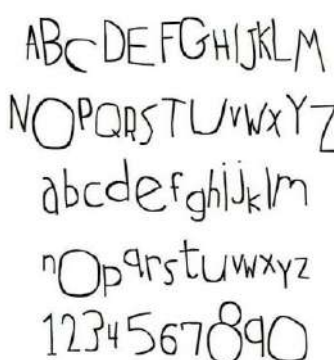


5 Years		
Skill Area	What to Expect	What You Can Do...
<i>Self-Care</i>	<ul style="list-style-type: none"> • Dressing – can complete most parts of dressing sequence, beginning to use buttons/zippers independently, chooses appropriate clothing for the day, adjusts clothing, obtains clothing from storage area  <ul style="list-style-type: none"> • Feeding – beginning to show independence in all areas including using cutlery well and eating a variety of foods. • Toileting – indicates when soiled and when needing to use bathroom, bladder control during day and at rest, can take self to toilet, completes all toilet hygiene tasks and sequencing • Hygiene – completes all hand, teeth and toilet hygiene and sequencing well, tolerates haircuts, obtains and uses hygiene products e.g. for shower • Chores - picks up belongings with assistance and when asked, sets and clears table • Safety – notifies adults when injured, can call 000, follows safety rules, stranger danger awareness 	<ul style="list-style-type: none"> • Encourage your child to express their emotions and thoughts in a positive way • Provide a wide range of gross motor experiences – e.g. ball play, sporting activities, playing on equipment • Encourage colouring at home • Begin to teach your child the letters present in their name 



<p><i>Play/Social Skills</i></p>	<p>Play:</p> <ul style="list-style-type: none"> • Prefer to play with same-sex peers • Enjoys playing with others • Can play a game with simple rules • Begins turn taking and negotiating during play <p>Social/Emotional:</p> <ul style="list-style-type: none"> • Aware of their gender • Test boundaries but are still eager to please and help others • Begin to understand what it means to feel embarrassed • Beginning to be able to express more emotions and thoughts 	<ul style="list-style-type: none"> • Allow your child to experience many craft activities as possible – e.g. those involving the sequence of drawing, cutting and gluing <p><i>Roll, K. & Roll, W. (2013). The REAL: Roll Evaluation of Activities of Life. Aus. Govt. (2015). Developmental milestones and the EYLF/NQS.</i></p>
<p><i>Handwriting/ Drawing</i></p>	<ul style="list-style-type: none"> • Begins to print their name • Begins to be able to copy some letters – may be able to write some independently • Copies shapes like circles, diamonds, squares • Can draw a person with up to 6 body parts • Begins to be able to print numbers – 1-10 • Can colour within lines 	
<p><i>Fine Motor Skills (hands/fingers)</i></p>	<ul style="list-style-type: none"> • Can cut out some simple shapes such as a circle • Begins to start process of learning to tie shoes • Grasps pencil correctly (tripod grasp) • Can complete puzzle with up to 8 pieces • Hand dominance is established with consistency 	
<p><i>Gross Motor Skills (legs/arms)</i></p>	<ul style="list-style-type: none"> • Accesses floor while transporting items • Get in/out of vehicle safely and can manage seat belt • Can begin skipping and hopping with co-ordination • Can catch a ball with both hands • Can jump over an object and land on two feet together 	

